

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEPARTMENT OF GENERAL SERVICES



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**One Judiciary Square
GYM REGISTRATION AND RELEASE FORM**

(The OJS Gym is only available for use by District Employees located within OJS)

Date: _____

Name: _____

Department: _____ Title: _____ Badge/Employee ID: _____

Work Phone: _____ Cell Phone: _____ Home Phone: _____

Work Address: 441 4th Street, NW, Suite # _____ Washington, DC 20001

Emergency Contact

Name: _____

Phone: _____ Relationship: _____

GYM RULES

- No food, gum or drinks allowed in the gym. Water bottles are permitted
- Gym memberships are available only to District of Columbia employees located within One Judiciary Square
- Gym memberships are not transferable. Gym members shall not allow others to use their access card to enter the gym. Gym members shall not provide access to persons not possessing an access card
- Limit workout sessions on equipment to 30 minutes when other gym members are waiting
- Use anti-bacterial cleaning agents provided within the gym to clean all equipment after each use
- Personal sports equipment is not allowed in the gym.
- Appropriate athletic shoes and clothing must be worn at all times.
- Horseplay, fighting, offensive language and/or destruction of equipment are prohibited at all times.
- Disruptive behavior will not be tolerated.
- Personal items brought into the gym may be stored in the lockers BUT MUST NOT REMAIN OVERNIGHT. Any locks will be cut from lockers at the close of business each day and items will be put into the lost and found.
- The District of Columbia shall not be responsible for any lost or stolen property.
- The membership requirements, access privileges and schedule for the Gym are SUBJECT TO CHANGE WITHOUT NOTICE.
- Violation of these rules could result in the suspension or permanent loss of membership privileges.

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I have read, understand and agree to follow the above rules.

Participant's Signature _____ Date _____

PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

I hereby agree, on behalf of myself, my heirs, assigns, personal representative, and estate, to release and discharge the District of Columbia, its agents, employees and representatives as follows:

1. I acknowledge that using the gym and participating in physical fitness activities entails known and unanticipated risks, which can result in physical injury, paralysis, death, or damage to myself, to property, or third parties.

2. I recognize the inherent dangers with using the equipment located within the gym and I understand that I am assuming all hazards of risks upon myself.

3. I expressly agree and promise to accept and assume all of the risks existing in the activity, including but not limited to unanticipated or unforeseeable risks. My participation in this activity is purely voluntary, and I elect to participate in spite of all the risks.

4. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless the District of Columbia from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of the gym equipment or facilities, including any such claims which allege negligent acts or omissions of the District of Columbia or its employees, agents or representatives.

5. Should the District, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless from all such fees and costs.

6. I agree to bear the costs of any injury or damage to myself. I further certify that I have consulted with a medical physician to ensure that I am physically capable of engaging in physical fitness activities or if not, I certify that I am willing to assume the risk of any medical or physical condition I may have.

I have had sufficient opportunity to read this entire document. I have read and understand it, and I agree to be bound by its terms.

Signature of Participant: _____ Date: _____

Print Name: _____

FOR DGS USE ONLY:

Received Date	Access Request Date	Access Terminated	Reason for Termination: