

GOVERNMENT OF THE DISTRICT OF COLUMBIA
D.C. Department of Human Resources

District Personnel Manual Issuance System

E-DPM Instruction No. 20B-8

This bulletin may be accessed electronically at www.dchr.dc.gov, by clicking by clicking on the "Policies and Procedures" and "Electronic-District Personnel Manual (E-DPM) links for Chapter(s): **20B**

SUBJECT: Decrease in Cigna Dental Health Plan Premium Rate

Date: February 14, 2014

1. Purpose

The purpose of this instruction is to inform agencies and employees of the decrease in premium rates for the Cigna Dental Health Plan which took effect on February 1, 2014.

2 Background

The District of Columbia Employees' Dental Program ("DCEDP") provides comprehensive dental coverage for employees in benefits eligible positions. Eligible employees may participate in the following plan options:

- (a) Cigna (DHMO) Plan - Is a managed or prepaid dental care plan through a network of dentists. The District pays 100% of the premium costs.
- (b) Cigna (PPO) Plan - Is an out-of-network dental care plan where the employee pays the cost above the (DHMO) plan premium rate. The plan allows the following types of enrollment:
 - (1) **Self Only:** Covers only the enrolled employee;
 - (2) **Self Plus One:** Covers the employee plus one eligible family member; or
 - (3) **Self and Family:** Covers the employee and eligible family members.

Additional information on the DCEDP can be obtained on the D.C. Department of Human Resources' website at www.dchr.dc.gov click under the Employee Benefits link under the "Employee" tab.

3. Coverage

The DCEDP is applicable to employees in benefits eligible positions.

Inquiries: Benefits & Retirement Services, DCHR, at (202) 442-7627

Distribution: Heads of Department and Agencies, HR Advisors, and DPM Subscribers

Retain Until Superseded

4. Cigna PPO Enrollment Fee Decrease

(a) The below chart contains the 2014 premium rates under the Cigna PPO plan:

2014 Cigna PPO Premium Rate		
Type of Plan	2014 Employee Rate (Bi-Weekly)	2013 Employee Rate (Bi-Weekly)
Self-Only	\$29.21	\$32.32
Self + One	\$41.46	\$45.87
Family	\$53.75	\$59.48

(b) The new premiums will take effect on the below pay periods:

Effective Dates of 2014 Cigna PPO Premium Rate Decrease	
Pay Group	Premium Bi-Weekly Rate (Employee Cost)
Group 1	Tuesday, February 18, 2014
Group 2	Friday, February 21, 2014
Group 6	Friday, February 28, 2014

5. Inquiries

Inquiries concerning the provisions of the E-DPM instruction can be directed to the Benefits & Retirement Services, DCHR, by calling (202) 442-7627 or via email at dchr.benefits@dc.gov.



 Shawn Y. Stokes
 Director