

Biometric Screening Tour

APRIL 2023



Onsite Employee Biometric Health Screenings

dchr

WE ARE WASHINGTON
GOVERNMENT OF THE DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR

In partnership with our healthcare vendors, the DC Department of Human Resources will host a free employee biometric health screening tour in April 2023.

Our mission is to help you and your teams **KNOW YOUR NUMBERS** - cholesterol, blood glucose, blood pressure, and body composition, as they are vital indicators that contribute to chronic disease. Most of the time there are no signs and symptoms if our biometrics are not in a healthy range. By knowing and understanding your biometric numbers on an annual basis, you will be able to access your current level of well-being and be able to create a plan for health prevention and transformation.



Visit DCHR'S website to learn more. Scan the QR code with your phone camera.

2023 Biometric Health Screenings Locations

Date	Time	Location
Tuesday, April 4, 2023	10:00 am - 3:00 pm	DC Health (DOH) 899 North Capitol Street, NE
Wednesday, April 5, 2023	10:00 am - 3:00 pm	Department of Human Resources (DCHR) 1015 Half Street, SE
Tuesday, April 11, 2023	10:00 am - 3:00 pm	Office of the City Administrator (OCA) John A. Wilson Building, 1350 Pennsylvania Avenue, NW
Thursday, April 13, 2023	10:00 am - 3:00 pm	Office of Planning (OP) 1100 4th Street, SW
Wednesday, April 19, 2023	10:00 am - 3:00 pm	Department of Human Services (DHS) 64 New York Avenue, NE
Thursday, April 20, 2023	1:00 pm - 6:00 pm	DC Public Schools (DCPS) 1200 First Street, NE
Tuesday, April 25, 2023	10:00 am - 3:00 pm	Office of Administrative Hearings (OAH) Marion S. Barry, Jr. Building, 441 4th Street, NW
Wednesday, April 26, 2023	10:00 am - 3:00 pm	Department of General Services (DGS) 2000 14th Street, NW
Thursday, April 27, 2023	10:00 am - 3:00 pm	Department of Employment Services (DOES) 4058 Minnesota Avenue, NE