

Biometric Screening Tour

APRIL 2024



Onsite Employee Biometric Health Screenings



WE ARE WASHINGTON
 GOVERNMENT OF THE DISTRICT OF COLUMBIA
 MURIEL BOWSER, MAYOR

In partnership with our healthcare vendors, the DC Department of Human Resources will host a free employee biometric health screening tour in April 2024.

Our mission is to help you and your teams **KNOW YOUR NUMBERS** - cholesterol, blood glucose, blood pressure, and body composition, as they are vital indicators that contribute to chronic disease. Most of the time there are no signs and symptoms if our biometrics are not in a healthy range. By knowing and understanding your biometric numbers on an annual basis, you will be able to access your current level of well-being and be able to create a plan for health prevention and transformation.



Visit **DCHR'S** website to learn more.

2024 Biometric Health Screenings Locations

Date	Time	Location
Thursday, April 4, 2024	12:00 p.m. - 5:00 p.m.	District of Columbia Public Schools (DCPS) 1200 1st Street, NE 10th Floor
Tuesday, April 9, 2024	10:00 a.m. - 3:00 p.m.	Department of Health (DOH) 2201 Shannon Place, SE
Wednesday, April 10, 2024	10:00 a.m. - 3:00 p.m.	Child and Family Services (CFSA) 200 I Street, SE
Tuesday, April 23, 2024	10:00 a.m. - 3:00 p.m.	District of Columbia National Guard (DCNG) 2001 E Capitol Street, SE
Wednesday, April 24, 2024	10:00 a.m. - 3:00 p.m.	Department of Human Services (DHS) 64 New York Avenue, NE
Thursday, April 25, 2024	10:00 a.m. - 3:00 p.m.	Department of General Services (DGS) 3924 Minnesota Avenue, NE
Tuesday, April 30, 2024	10:00 a.m. - 3:00 p.m.	Office of the City Administrator (OCA) John A. Wilson Building 1350 Pennsylvania, Avenue NW
Wednesday, May 1, 2024	10:00 a.m. - 3:00 p.m.	Office of Labor Relations and Collective Bargaining (OLRCB) Marion S. Barry, Jr. Building 441 4th Street, NW
Thursday, May 2, 2024	10:00 a.m. - 3:00 p.m.	Department of Human Resources (DCHR) 1015 Half Street, SE 9th Floor