

DC Government Employee 2026 HEALTH CARE PREMIUMS



MEDICAL COVERAGE

For employees hired on or after October 1, 1987. The cost is shared by the employee and the District, employees pay employee contribution premiums.

Aetna	Aetna HMO			Aetna PPO			Aetna CDHP		
	2026 Biweekly	2025 Biweekly	Change in Premium	2026 Biweekly	2025 Biweekly	Change in Premium	2026 Biweekly	2025 Biweekly	Change in Premium
Self Only	\$150.75	\$135.67	+\$15.08	\$140.06	\$130.28	+\$9.78	\$62.89	\$52.33	+\$10.56
Self +1	\$298.27	\$268.44	+\$29.83	\$275.30	\$256.08	+\$19.22	\$123.61	\$102.86	+\$20.75
Family	\$432.71	\$389.44	+\$43.27	\$404.72	\$376.47	+\$28.25	\$181.71	\$151.21	+\$30.50

CareFirst	CareFirst HMO			CareFirst PPO			CareFirst CDHP		
	2026 Biweekly	2025 Biweekly	Change in Premium	2026 Biweekly	2025 Biweekly	Change in Premium	2026 Biweekly	2025 Biweekly	Change in Premium
Self Only	\$107.63	\$100.28	+\$7.35	\$125.69	\$110.72	+\$14.97	\$54.16	\$50.56	+\$3.60
Self +1	\$212.04	\$197.56	+\$14.48	\$240.07	\$211.47	+\$28.60	\$103.44	\$96.57	+\$6.87
Family	\$311.06	\$289.82	+\$21.24	\$368.27	\$324.40	+\$43.87	\$158.67	\$148.15	+\$10.52

Kaiser Permanente	Kaiser Permanente HMO		
	2026 Biweekly	2025 Biweekly	Change in Premium
Self Only	\$101.25	\$93.83	+\$7.42
Self +1	\$193.38	\$179.22	+\$14.16
Family	\$296.63	\$274.91	+\$21.72

United Healthcare	UHC HMO Choice			UHC PPO Choice		
	2026 Biweekly	2025 Biweekly	Change in Premium	2026 Biweekly	2025 Biweekly	Change in Premium
Self Only	\$124.56	\$118.36	+\$6.20	\$118.73	\$116.68	+\$2.05
Self +1	\$237.90	\$226.07	+\$11.83	\$226.76	\$222.86	+\$3.90
Family	\$364.94	\$346.79	+\$18.15	\$347.85	\$341.87	+\$5.98

DENTAL & VISION COVERAGE

- **Dental HMO:** Available at **no cost** to eligible employees; District pays 100% of premium costs.
- **Dental PPO:** District pays a portion of premium costs for eligible Compensation Units 1 and 2 Collective Bargaining Agreement employees.
- **Vision:** Available at **no cost** to eligible employees; District pays 100% of premium costs.

Cigna	Cigna Dental PPO		
	2026 Biweekly	2025 Biweekly	Change in Premium
Self Only	\$26.71	\$26.71	\$0
Self +1	\$37.91	\$37.91	\$0
Family	\$49.16	\$49.16	\$0