



Start out strong.

Protect yourself with a flu shot.

It's that time of year again. If you've ever had the flu, you know how sick it can make you feel. The good news is that the best way to prevent the flu is to get a flu shot. This can help protect you and those around you all throughout the season.

Who needs the flu shot?

Everyone ages 6 months and older should get the flu shot unless it's not recommended by a doctor. It's especially important for those who have a higher chance of getting the flu, including:¹

- Pregnant women
- Children under the age of 5
- Adults ages 65 and older
- Anyone with a health condition, such as asthma or diabetes, or a weak immune system

Get your flu shot today.*



Log in to your member website at **Aetna.com** to find a network provider.



Walk in or schedule a flu shot** at **MinuteClinic®** at select CVS Pharmacy® and Target® locations.***

*Aetna Whole HealthSM members should go through their primary care doctor for the flu vaccine.

**Flu shots available when MinuteClinic health care provider is on duty. Age restrictions apply.

***For a complete list of other participating providers, log in to your member site at **Aetna.com** and use our provider search tool.

¹Centers for Disease Control and Prevention. **People at high risk for flu complications.** August 27, 2018. Accessed September 10, 2019.

Who else can you protect by getting a flu shot?

The people you see daily could have a higher chance of getting the flu,
but you may not know it.



Your friendly neighbors
who have a baby at home



The passengers on your bus
who are 65 and older



**Your favorite coffee shop
employee** *who has type 1 diabetes*



**Your coworker who is
pregnant** *but not showing*



Give yourself the best shot at good health. *Get your flu shot today.*

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Aetna, CVS Pharmacy® and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health® family of companies. This material is for information only. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Refer to **Aetna.com** for more information about Aetna® plans.

Finding a Vaccination (Flu) Provider and Seeking Care

To Aetna Whole HealthSM plan members – You should get flu shots from your primary care physician (PCP). If you can't get them from your PCP, you can go to an in-network walk-in clinic or retail pharmacy location. Please check to see if the provider is in network with your plan before getting your flu shots. Some of the retail locations listed below may not be in the network for your plan.

Flu shots and other vaccine services are available at many locations within communities, such as senior citizen centers. You may also be able to get these vaccinations from your doctor or at public health clinics.

Vaccines offered through Aetna's Expanded Vaccine Network which are part of the Aetna Choice POS II (Open Access) and Open Choice PPO network

Chicken Pox (Varicella)
DT(Diphtheria and tetanus)
DTaP(Diphtheria, Tetanus, acellular Pertussis)
DtaP-HepB-IPV (Diphtheria, Tetanus, acellular Pertussis, Polio, Hepatitis B)
DTaP-Hib-IPV(Diphtheria, Tetanus, acellular Pertussis, Polio and Haemophilus influenzae type b)
DTaP-IPV(Diphtheria, Tetanus, acellular Pertussis and Inactivated Polio Vaccine)
Hepatitis A or Hepatitis A - Hepatitis B or Hepatitis B or Hepatitis B-Hib (Haemophilus influenzae type b)
Herpes Zoster (Shingrix, Zostavax)
Hib (Haemophilus influenzae type b)
HPV (for example, Gardasil, Gardasil 9 and Cervarix)
Influenza (Flu)
IPV(Inactivated poliovirus vaccine)
Meningococcal
MMR(Measles, mumps, and rubella) or MMRV(Measles, mumps, and rubella, varicella/chickenpox)
Pneumococcal
Shingles
Td(Tetanus and diphtheria)
Tdap(Tetanus, diphtheria toxoids and acellular pertussis vaccine)
Tuberculosis Bacillus Calmette - Guerin Vaccine (BCG)

¹ List is not all inclusive and is subject to change

² Fluzone High-Dose is approved for use in people 65 years of age and older. As with all flu vaccines, Fluzone High-Dose is **not** recommended for people who have had a severe reaction to the flu vaccine in the past.

³ Aetna covers the shingles (Zoster) vaccine for members age 50 and older. CVS and other pharmacies or retail clinic providers may require a prescription for the vaccine for members who are ages 50-59.

You should not go to an emergency room/urgent care for vaccinations. Vaccinations are not an emergency/urgent service

- While Preventive services are a covered benefit under most Aetna plans, check your plan documents or call the Members Services number on your Aetna ID card to verify your coverage.
- Remember to confirm with the provider that they accept your medical plan prior to receiving services.
- Not all pharmacies listed below will carry all of the covered vaccines and vaccines are subject to availability. For these reasons, we recommend you contact your local pharmacy to confirm.
- Please note that some vaccines have age restrictions and Aetna coverage does not override such restrictions.
- Your pharmacy may require a doctor's order/prescription in order to receive your immunization. We recommend you contact your local pharmacy to confirm.

Retail locations for flu shots and other vaccine services

To help you protect yourself against the flu and other conditions, Aetna has contracted with the following providers of vaccine services, which are a part of the Aetna Choice POS II (Open Access) and Open Choice PPO network. *Please present your Aetna Medical ID card to staff prior to receiving services. No appointments are required.*

Links to various non-Aetna sites are provided for your convenience only. Aetna Inc., its subsidiary, and affiliate companies are not responsible or liable for the content, accuracy, or privacy practices of linked sites, or for products or services described on these sites.

Provider	Please use the links provided to find a location near you.
Albertsons Pharmacies - DBA below Albertsons - CO, LA, TX/ Albertsons Osco - AZ, MT, WY/ Albertsons Savon - CA,NV, TX, NM, FL,LA,WA,OR, ID, UT, CO, AR	http://www.albertsons.com/pharmacy
Acme Savon - PA, NJ, DE, MD	https://www.acmemarkets.com/pharmacy.html
Jewel Osco - IL, IN, IA	https://www.jewelosco.com/pharmacy.html
Shaws Osco - MA, NH, ME, RI, VT	https://www.shaws.com/pharmacy.html
Brookshire Brothers	https://www.brookshirebrothers.com/store-locator
Carilion Clinic Pharmacies (VA only)	https://www.carilionclinic.org/locations/carilion-clinic-pharmacy-salem
Carvajal Pharmacy (TX only)	http://carvajalpharmacy.com/
CVS	https://www.cvs.com/store-locator/landing
Discount Drug Mart	https://discount-drugmart.com/our-store/store-locator/
Four B Corp	http://www.ballsfoods.com/locations/
Fruth Pharmacy	http://www.fruthpharmacy.com/pharmacy/locations/
Genoa	http://www.genoa-qol.com/locations/
Giant Eagle, Inc	https://www.gianteagle.com/pharmacy

Hannaford Supermarket & Pharmacy (includes Delhaize Pharmacies)	http://www.hannaford.com/
Harris Teeter	http://www.harristeeter.com/other/store_locator/store_locator.aspx
Harvey's Supermarkets	https://www.harveysupermarkets.com/locator
HEB Grocery	http://www.heb.com/find-a-store/find-a-store.jsp
Kmart Pharmacies	https://pharmacy.kmart.com/shc/PharmacyFinder.do
Kroger	https://www.kroger.com/storeLocator
Marc's Pharmacies (OH and CT only)	http://www.marcs.com/Pharmacy.aspx
Meijer Pharmacies	http://www.meijer.com/pharmacy
Price Chopper	http://www.pricechopper.com/stores
Publix Supermarkets	http://store.publix.com/publix/
QuickChek Pharmacies(NJ only)	https://quickchek.com/locations/
Rite Aid Pharmacies	http://www.riteaid.com/
Ritzman Pharmacy	https://www.ritzmanrx.com/find-a-location
Safeway (Carrs (AK), Vons (Southern CA), Pavilions (Southern CA), Randalls (TX), Tom Thumb (TX), Dominick's (Chicago)	http://www.safeway.com/flu
ShopRite/Wakefern	http://www.shoprite.com/
SUPERVALU (includes Osco, Sav-on, CUB, Shop'n Save, Farm Fresh and Shoppers)	http://www.supervalustores.com/
Walgreens Pharmacies	https://www.walgreens.com/pharmacy/
Walmart Pharmacies	https://www.walmart.com/cp/1228302
Wegmans	https://www.wegmans.com/stores/store-locator.html
Weis Markets	https://www.weismarkets.com/stores/

¹ As is always the case with the seasonal flu vaccine, children younger than 9 years who have never had the seasonal flu vaccine will still need two doses.

Walk-in clinics:

Some Walk-in clinics may not be contracted for all vaccine services. We recommend you contact the provider to confirm.

Links to various non-Aetna sites are provided for your convenience only. Aetna Inc., its subsidiary and affiliate companies are not responsible or liable for the content, accuracy, or privacy practices of linked sites, or for products or services described on these sites.

MinuteClinic, Inc.	http://www.MinuteClinic.com
The Little Clinic, LLC	http://www.thelittleclinic.com/
Walmart Care Clinics	https://www.walmart.com/storefinder

Corporate flu clinics

Aetna also contracts with companies that provide flu vaccines at worksites. Check with your employer to see if any clinics are planned where you work.

Some plans have limited benefits as identified below, this is not a complete list. Please refer to your plan benefits or call the number on the back of your Member ID card for additional information.

- **California Aetna Medicare Advantage members and California Non-HMO members** can receive their flu shot from any Aetna participating provider contracted for these services, including the providers listed above.
- **California (CA) HMO** - Members are covered under their PCP capitation for the seasonal flu vaccine or in network walk-in clinics.
 - No exceptions will be made if the member chooses to get a flu shot at a corporate/workplace clinic or anywhere outside of PCP capitation.
 - Claims for flu shots for these members outside of PCP capitation or in network walk-in clinics will be denied.
- **Aetna Whole Health members** – please check to see if the provider is in your Aetna Whole Health network before getting your flu shots.

More information

Get more information about the flu vaccine and other vaccines from the Centers for Disease Control and Prevention (CDC): <http://www.cdc.gov/flu/index.htm>

Disclaimer: Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date, however, is subject to change. For more information about Aetna plans, refer to www.aetna.com.

Links to various non-Aetna sites are provided for your convenience only. Aetna Inc., its subsidiary and affiliate companies are not responsible or liable for the content, accuracy, or privacy practices of linked sites, or for products or services described on these sites.