



Earn a \$100 gift card for completing your biometric screening and a \$50 gift card for completing or updating your health risk assessment. Biometric screenings are available at a Quest Diagnostics location, or at your health provider's location.

- To schedule a screening at a Quest Diagnostics location:
 - Visit <https://my.questforhealth.com/>
 - Use registration key "dcgov2024"
 - Submit your information and schedule your appointment at your nearest Quest Diagnostics location
 - ***Please note that it is not required that you fast prior to your screening***
 - If you'd prefer to take the form to your Physician, please follow the above steps but choose the Physician Form option

To complete your online Health Risk Assessment,

- On the home page click on **Health & Wellness**, then click on the **Stay Healthy** box and then click on **Wellness** and then Complete a Health Assessment
- You have until December 31, 2024, to complete the health assessment and biometric screening

Aetna members can receive an additional \$25 gift card when you complete an Online Wellness Program.

- Members must complete this by December 31, 2024, to receive the additional \$25 gift card.
- Visit the Aetna Member Portal at www.aetna.com to complete one of our online programs.