

LOOK GOOD, FEEL GOOD

With Connected At-home
Boxing

FIGHT CAMP





PUT A FULL STUDIO BOXING GYM IN YOUR HOME

The FightCamp Gym puts the best elements of a world class boxing gym directly into your home. Powerful and motivating workouts, expert-led instruction and elite trainers combined with premium equipment and the same training tech used by the pros.

TOTAL BODY WORKOUTS

Boxing & Body Weight

Every FightCamp workout delivers a unique combo of boxing and high-intensity interval training for the ultimate total body workout.

Rounds & Rests

Each workout starts with a quick warmup and then follows the format of a boxing match—challenging 3-minute rounds and 1-minute rests in between to cool down and take instruction from your trainer.

Trainer-Led

FightCamp Trainers bring their own unique style and energy to boutique boxing workouts and push you to hit a minimum punch goal each round.



TAILORED TO YOU

Your Level, Your Schedule

Choose from workouts that range in length between 15 - 45 minutes and experience-level from beginner to advanced.

Growing Library

New workouts are added to the FightCamp workout library every single week—so you can always find a workout to fit your schedule and mood.

Workouts On-demand

No more worrying about making it to the gym, fighting traffic, finding parking or full classes.



LEARN FROM THE BEST

Elite Trainers in Your Corner

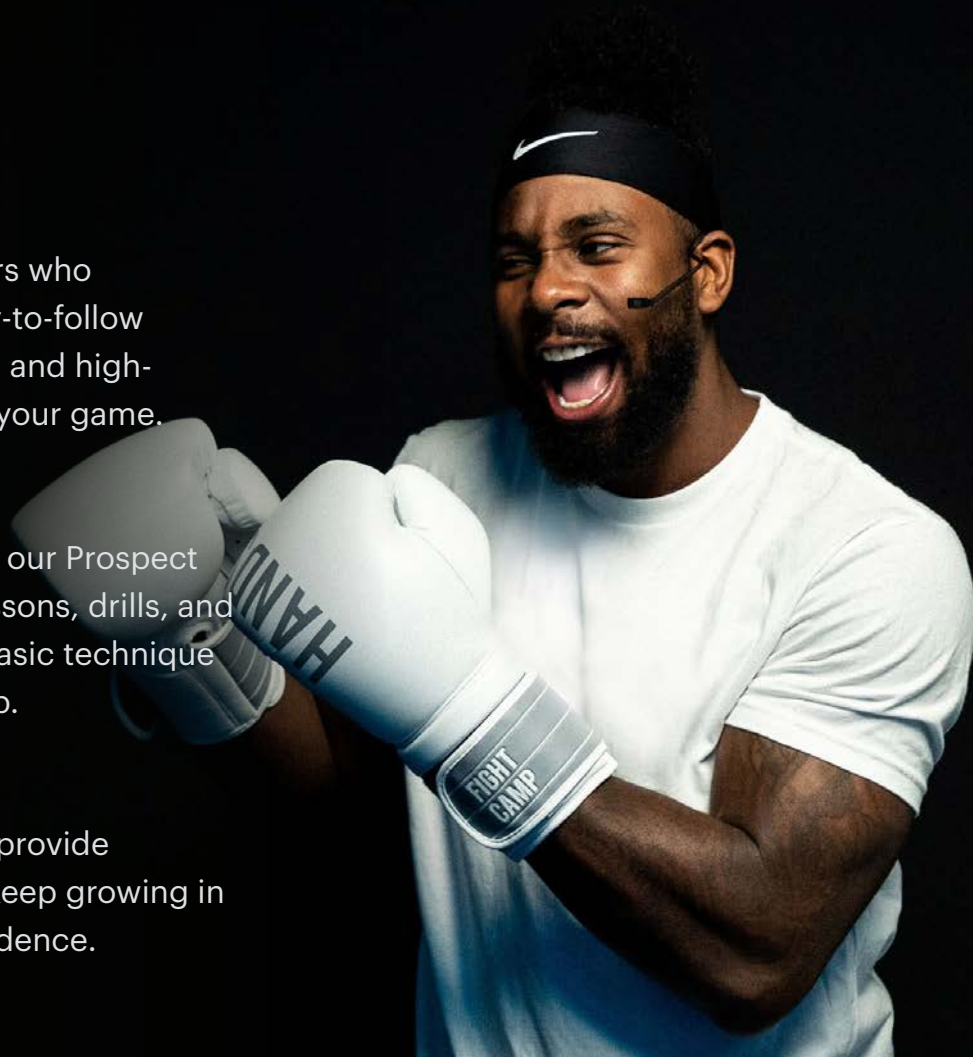
FightCamp Trainers are real fighters who deliver an unparalleled mix of easy-to-follow instruction, world-class technique, and high-energy motivation to help elevate your game.

Step-by-Step Instruction

If you're wondering where to start, our Prospect Path will guide you through the lessons, drills, and workouts you need to build your basic technique and get the most out of FightCamp.

Sweat + Skills

Unlike many fitness programs, we provide programming depth—so you can keep growing in boxing skill, fitness level and confidence.



THIS GYM NEVER CLOSES

The FightCamp Gym only takes up 4'x8' and can be modified to 4'x6' for smaller spaces—perfect for your living room, bedroom, garage or wherever you keep your home gym.



TRACKERS



Small but powerful, FightCamp's Punch Trackers are used by many of the top Fighters in the world. They track and display punch volume, speed and Output in real time and are recognized by Insider Magazine and Wired as best-in-class.

Trackers are easily charged through a USB charging dock (included).

WRAPS



The FightCamp Quick Wraps are equipped with a custom pocket to hold your Punch Trackers firmly in place during your workout—so you get the most accurate workout data possible. With a wrist wrapping section for additional wrist security as well as a padded knuckle section to protect your hands, you will be ready to start a workout in no time.

GLOVES



These premium, genuine-leather training gloves marry the protection and function of a pro fight glove with a sleek, designer aesthetic. They are 100% hand-made to provide enhanced comfort and superior durability.

MAT



The FightCamp Mat outlines the perfect amount of space needed to complete your FightCamp workouts. Made of heavy-duty rubber, it provides both shock absorption and a high-friction surface which keeps the bag from sliding and protects your floor from scuff marks and other potential wear and tear.

Made of 8 interlocking tiles that connect together, it can be adjusted to fit your needs.

*Included in the FightCamp Tribe

BAG



The FightCamp free standing bag is the best of its kind. The two-part stem design is built for maximum shock absorption and easy setup. This is the first ever free-standing bag that allows you to go all-out—without excess bag movement.

The Top is made of foam & durable vinyl canvas cover, designed to take a beating. (13 lbs.)

A proprietary hook-and-loop tension lock that enables the bag top to be quickly and securely attached to the base.

The Base is made of durable plastic & designed to be a reservoir for water or sand. A twist-off cap at the top of the base provides a tight seal. (17 lbs. empty)

Total bag weight: 250 lbs. filled with water/ 350 lbs. filled with sand/ up to 450 filled with both

Even when fully weighted the bag can be moved out of the way when not in use, by tipping it back at an angle and rolling it on its base.

INTERACTIVITY

Core to the FightCamp experience are the wireless punch trackers that slide into your included quick wraps and sync with an iOS app that connects you to hundreds of workouts.

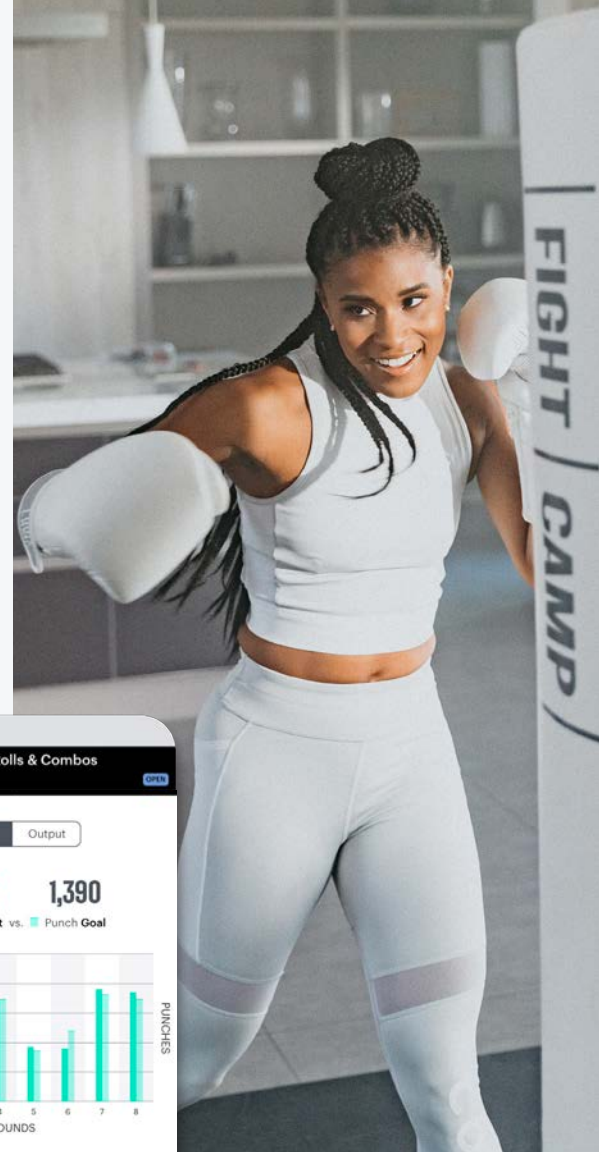
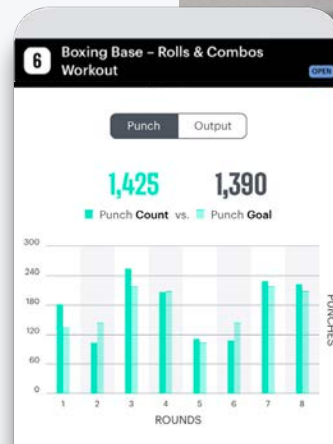
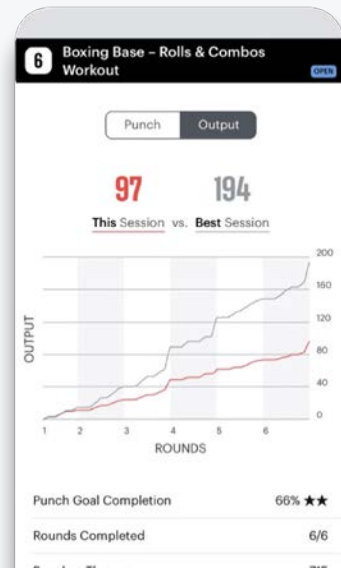
During workouts you'll see your real-time stats—like punch count, velocity and output—while our trainers will push you to hit a minimum punch goal in every round.



METRICS

After your workout, see how you stack up against other FightCamp participants on the workout leaderboards.

Your stats from each workout are saved so that you can measure your progress over time and keep improving.



WHAT MEMBERS ARE SAYING ABOUT FIGHTCAMP

See what other members are saying about FightCamp

★★★★★ 4.9 / 5

15k+ Ratings on App Store

★★★★★

LovingThisLifestyle

10 STARS

I would give it 10 stars if it was an option. BEST workout app out there!! I use it at home, at the gym & when I travel. Such motivating instructors & challenges you down to the core!!

★★★★★

Kim

TRY IT!!!

So. Much. Fun. I trained with a martial arts coach before and while I miss having the actual coach with me, the interactive feel of this app is awesome. The punch tracker is motivating. If you are new, enjoy it and feel free to repeat lessons. It breaks it down step by step. If you have some experience it's still fun!

WHAT THE PRESS SAYS

From fitness gurus to journalists, the overwhelming positivity is a strong testament. Here's what the press has to say.



"I got to try it out for myself and —it was hard, but in a fun way!"

Forbes

"FightCamp is a great option if you love boxing classes but never get time to get to one."

ESSENCE

"For those who've got a bit of fight in them, this is perfect"

engadget

"A HIIT workout that never gets old"

c|net

"Expect a lot of punching, a lot of core and a lot of burn"

FIGHTCAMP EQUIPMENT PACKAGES

Choose based on boxing equipment you already have & how many people will use it.

FREE SHIPPING

FIGHTCAMP PERSONAL

Everything You Need to Hit Your Goals



TWO WAYS TO PAY:

Monthly Financing

\$0*

Due Today

Then

\$42/mo* Equipment
+ \$39/mo Membership

Pay With Card

\$999

Holiday Price

Due Today

Then

\$39/mo Membership

Free Shipping & 30-Day Money Back Guarantee

* Based On 24-Month Financing & Eligibility

FREE SHIPPING

FIGHTCAMP TRIBE

Perfect for Households Who Are Stronger Together



TWO WAYS TO PAY:

Monthly Financing

\$0*

Due Today

Then

\$54/mo* Equipment
+ \$39/mo Membership

Pay With Card

\$1299

Holiday Price

Due Today

Then

\$39/mo Membership

Free Shipping & 30-Day Money Back Guarantee

* Based On 24-Month Financing & Eligibility

FREE SHIPPING

FIGHTCAMP CONNECT

Perfect for Boxers Who Crave Next Level Training



TWO WAYS TO PAY:

Monthly Financing

\$0*

Due Today

Then

\$33/mo* Equipment
+ \$39/mo Membership

Pay With Card

\$399

Holiday Price

Due Today

Then

\$39/mo Membership

Free Shipping & 30-Day Money Back Guarantee

* Based On 12-Month Financing & Eligibility



FINANCING

Pay over time for your FightCamp equipment package with **affirm**.

Make easy monthly payments over 12 or 24 months.

No money down, 0% APR!

To learn more visit:

[JOINFIGHTCAMP.COM/FINANCING](https://joinfightcamp.com/financing)

Unleash the Fighter Within



1-213-785-3372



info@joinfightcamp.com

© FightCamp 2021, Hykso, Inc. All rights reserved.

FIGHT
CAMP