



Retirement Education Seminars



SAVE FOR A SUCCESSFUL RETIREMENT

SEPTEMBER 2013

Refresh your mind and attend a retirement seminar at no cost to you.

As a Government of the District of Columbia employee, you are automatically enrolled in the DC 401(a) Retirement Plan after you complete one year of service. This means the District contributes an amount equal to 5% of your salary (5.5% for detention officers). A DC 401(a) Retirement Plan participant is anyone hired for the first time on October 1, 1987 or later.

You also have access to the 457 Plan (DCPlus), a voluntary savings plan to help you save even more for retirement. By saving with DCPlus, you reduce your current taxable income through pre-tax contributions. Any earnings accumulate tax deferred until you withdraw the money. If you are not participating, take this opportunity to learn more and join the Plan!

| SEMINAR TOPIC | DATE | TIME | AGENCY | LOCATION |
|--------------------------------|------|------------------|---------------------------------------|--|
| Investing 101 (Do's and Don't) | 8/1 | 8:00 - 10:00 am | Fire and EMS | 1763 Lanier Place NW |
| 457 Educational Seminar | 8/2 | Late Shift | Department of Public Works | DPW Yard (201 Bryant Street, NW) |
| Educational Seminar | 8/4 | 7:00 - 8:00 am | Fire and EMS | 439 New Jersey Ave NW |
| Educational Seminar | 8/4 | 12:00 - 1:00 pm | Fire and EMS | 550 Maine Ave SW |
| Asset Allocation | 8/6 | 12:00 - 1:00 pm | Open | 441 4th Street NW, Suite 330 |
| Asset Allocation | 8/6 | 12:00 - 1:00 pm | Executive Office of the Mayor | 1350 Penn Avenue NW |
| Lobby Day | 8/7 | 10:00 - 1:00 pm | Park and Rec | 5100 Southern Ave SE |
| "Cracking the Nest Egg" | 8/8 | 10:00 - 12:00 | Open | 441 4th Street NW Ste. 310S |
| Social Security Seminar | 8/10 | 11:00 - 1:00 pm | Department of Mental Health | 1100 Alabama Avenue SE |
| Budgeting | 8/12 | 10:00 - 12:00 pm | DOES | 4058 Minnesota Avenue NE |
| Lobby Day | 8/12 | 12:00 - 2:00 pm | DDS | 1125 15th Street, NW 1st Flr |
| Asset Allocation | 8/13 | 11:00 - 1:00 pm | Department of Public Works | 2700 South Capital Street, SE |
| Educational Seminar | 8/13 | 12:00 - 1:00 pm | Fire and EMS | 550 Maine Ave SW |
| Lobby Day | 8/13 | 12:00 - 1:00 pm | Department of Transportation | 55 M Street SE, Conf Room 429A |
| Asset Allocation | 8/14 | 10:00 - 12:00 | DOES | 4058 Minnesota Avenue NE |
| Lobby Day | 8/14 | 10:00 - 1:00 pm | Park and Rec | 201 N Street, SW |
| Lobby Day | 8/15 | AM Roll Call | MPD | 101 M Street SW |
| 457 Educational Seminar | 8/16 | 11:30 - 3:30 pm | Fire and EMS | 2000 14th Street NW, 4th Floor |
| One on Ones | 8/16 | 10:00 - 1:00 pm | Office of Employee Appeals | 1100 4th Street SW, 6th Floor |
| Ice Cream Social | 8/20 | 12:00 - 1:00 pm | Office of the Chief Financial Officer | 1101 4th Street SW, Room 854 |
| Lobby Day | 8/21 | 10:00 - 1:00 pm | Park and Rec | 5200 Sherier Place |
| Social Security Seminar | 8/21 | 10:00 - 1:30 pm | Department of Health | 899 North Capital St, NE, Room 406/407 |
| Lobby Day | 8/22 | AM Roll Call | MPD | 1620 V Street NW |
| Lobby Day | 8/22 | 10:00 - 1:00 pm | Open | 2000 14th Street NW, 4th Floor |
| Asset Allocation | 8/23 | 11:00 - 1:00 pm | Department of Public Works | 1241 W Street, NE |
| Lobby Day | 8/28 | 10:00 - 1:00 pm | Park and Rec | 1250 U Street NW |
| Lobby Day | 8/29 | AM Roll Call | MPD | 6001 Georgia Avenue NW |

CONTACT INFORMATION:

401(a) Plan: <http://dc401a.ingplans.com> | 1-866-772-4012

457(b) Plan: www.ingretirementplans.com/custom/dc | 1-800-584-6001

You can meet with an ING representative to review your Plan account(s) or enroll in the DCPlus 457(b) Plan at any time. Call the respective Plan Information Line to schedule an appointment or stop by the local office at 441 4th Street, NW, Room 340 North.

You should consider the investment objectives, risks, and charges and expenses of the variable product and its underlying fund options; or mutual funds offered through a retirement plan, carefully before investing. The prospectuses/prospectus summaries containing this and other information can be obtained by contacting your local representative. Please read the information carefully before investing.

Insurance products issued by ING Life Insurance and Annuity Company. Securities distributed through ING Financial Advisers, LLC (member SIPC), One Orange Way, Windsor, CT 06095-4774 or other Broker-Dealers with which ING has selling agreements. 16167423 3027327.G.P