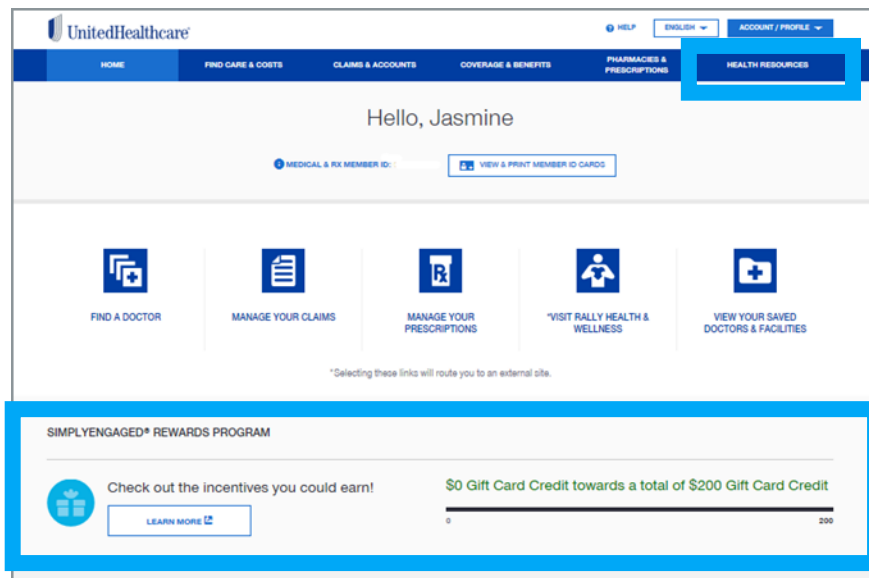
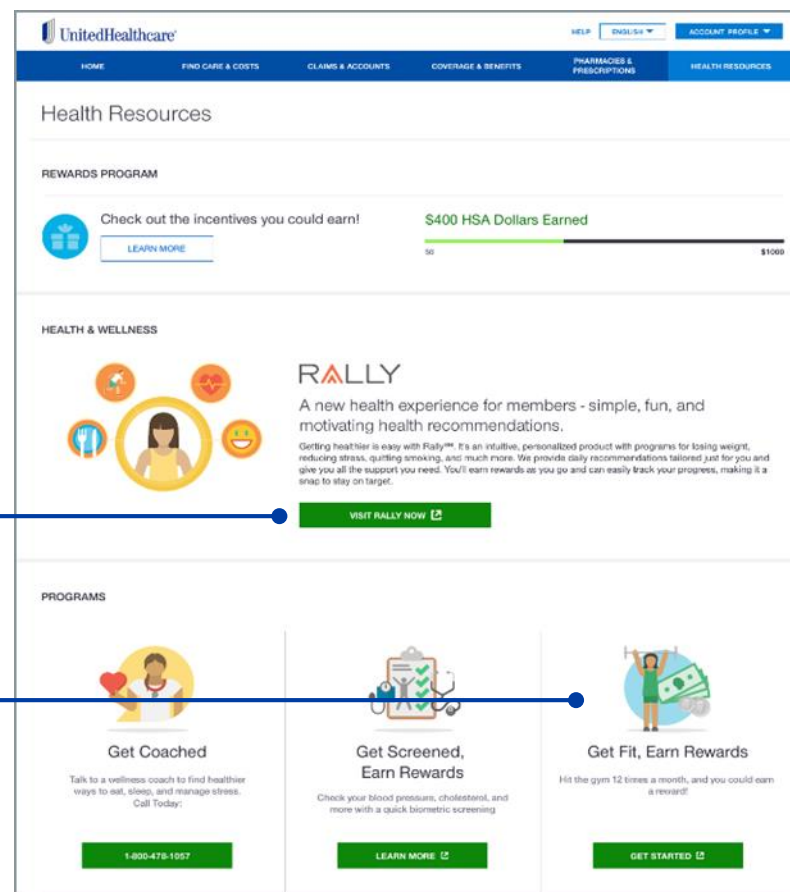


Log into myuhc.com[®]



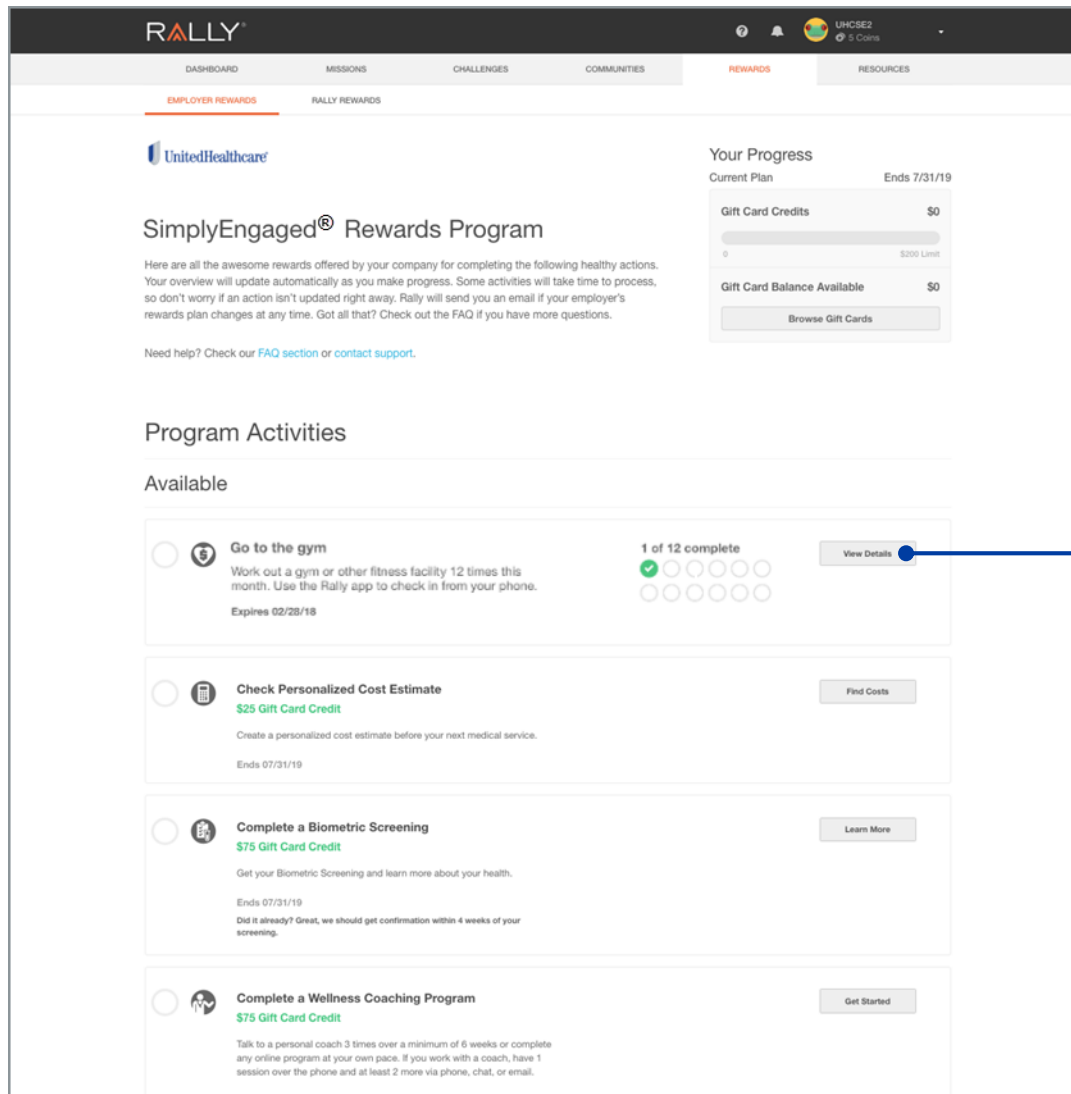
Click on Health Resources



Access Rally[®] by selecting the Visit Rally Now button

Access Gym Check-In directly in the Programs section.

View reward program details

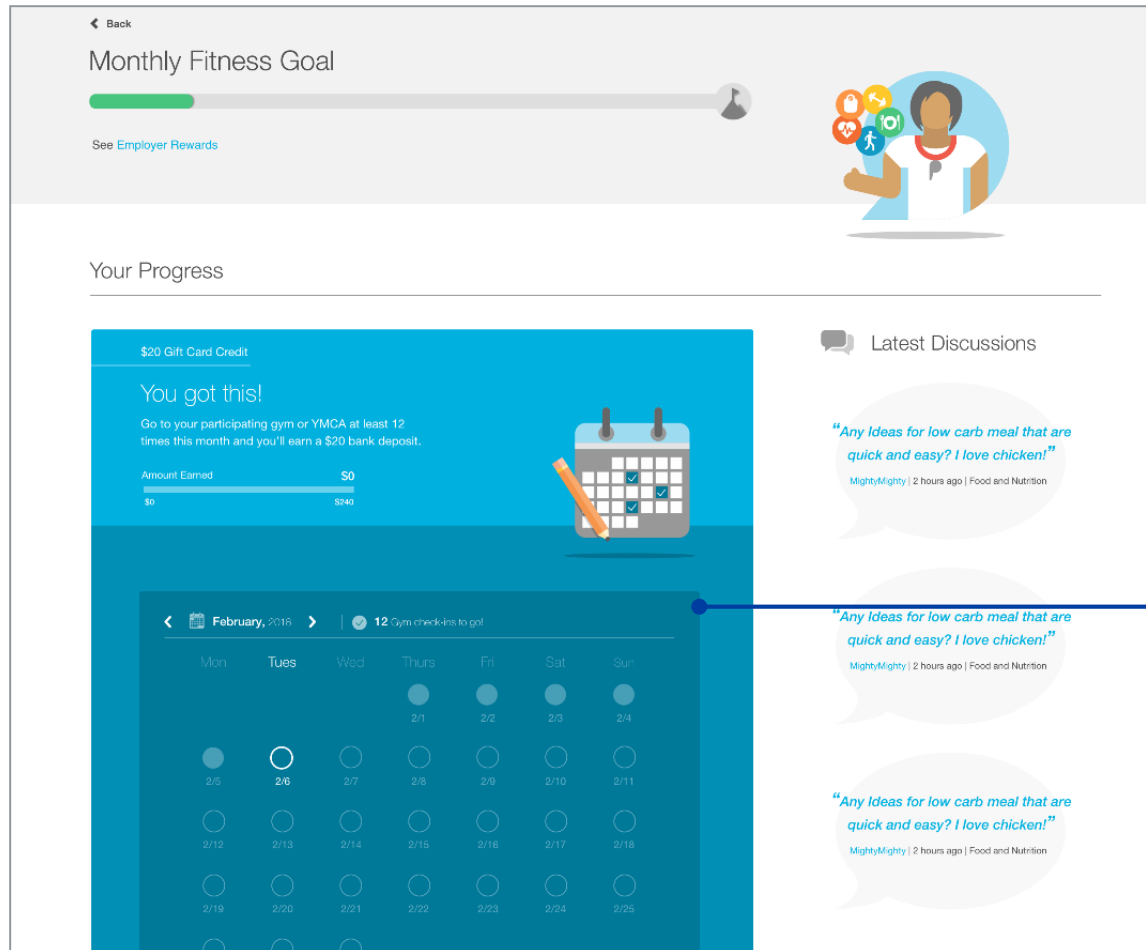


The screenshot shows the Rally Rewards Program dashboard. At the top, there's a navigation bar with 'RALLY' logo and user information 'UMCSE2 5 Corn'. Below the navigation bar, there are tabs for 'EMPLOYER REWARDS' and 'RALLY REWARDS'. The main content area is titled 'SimplyEngaged® Rewards Program' and includes a brief overview of the program. To the right, there's a 'Your Progress' section showing 'Current Plan' and 'Ends 7/31/19'. Below this, there are two rows for 'Gift Card Credits' and 'Gift Card Balance Available', both showing '\$0' and a '\$200 Limit'. A 'Browse Gift Cards' button is also present. The 'Program Activities' section is titled 'Available' and lists four activities: 'Go to the gym' (1 of 12 complete), 'Check Personalized Cost Estimate' (\$25 Gift Card Credit), 'Complete a Biometric Screening' (\$75 Gift Card Credit), and 'Complete a Wellness Coaching Program' (\$75 Gift Card Credit). Each activity has a 'View Details' or 'Get Started' button.

View your Available Activities.
Locate Go to the gym to view additional information

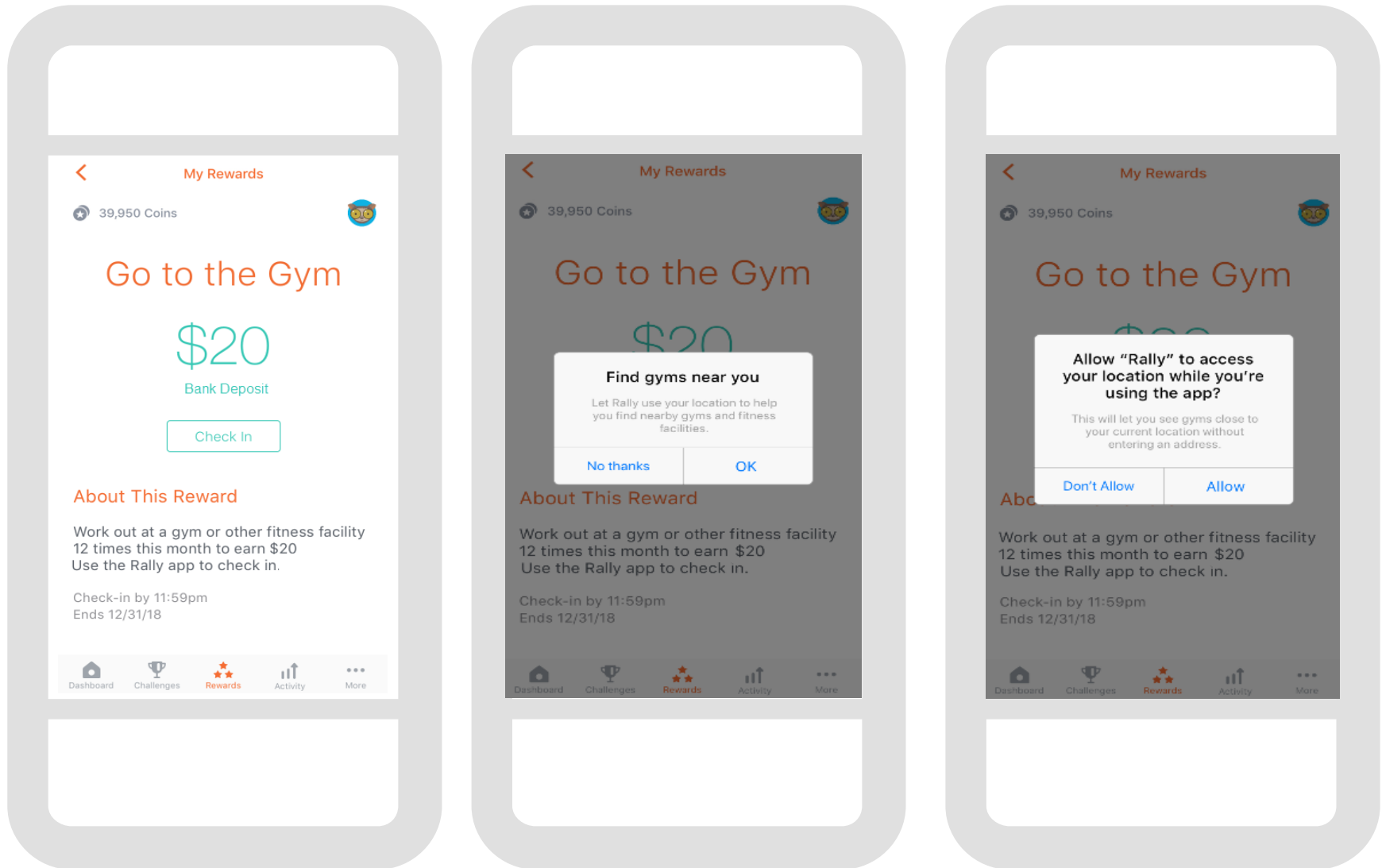
(if applicable add your bank account information on this same page)

See progress

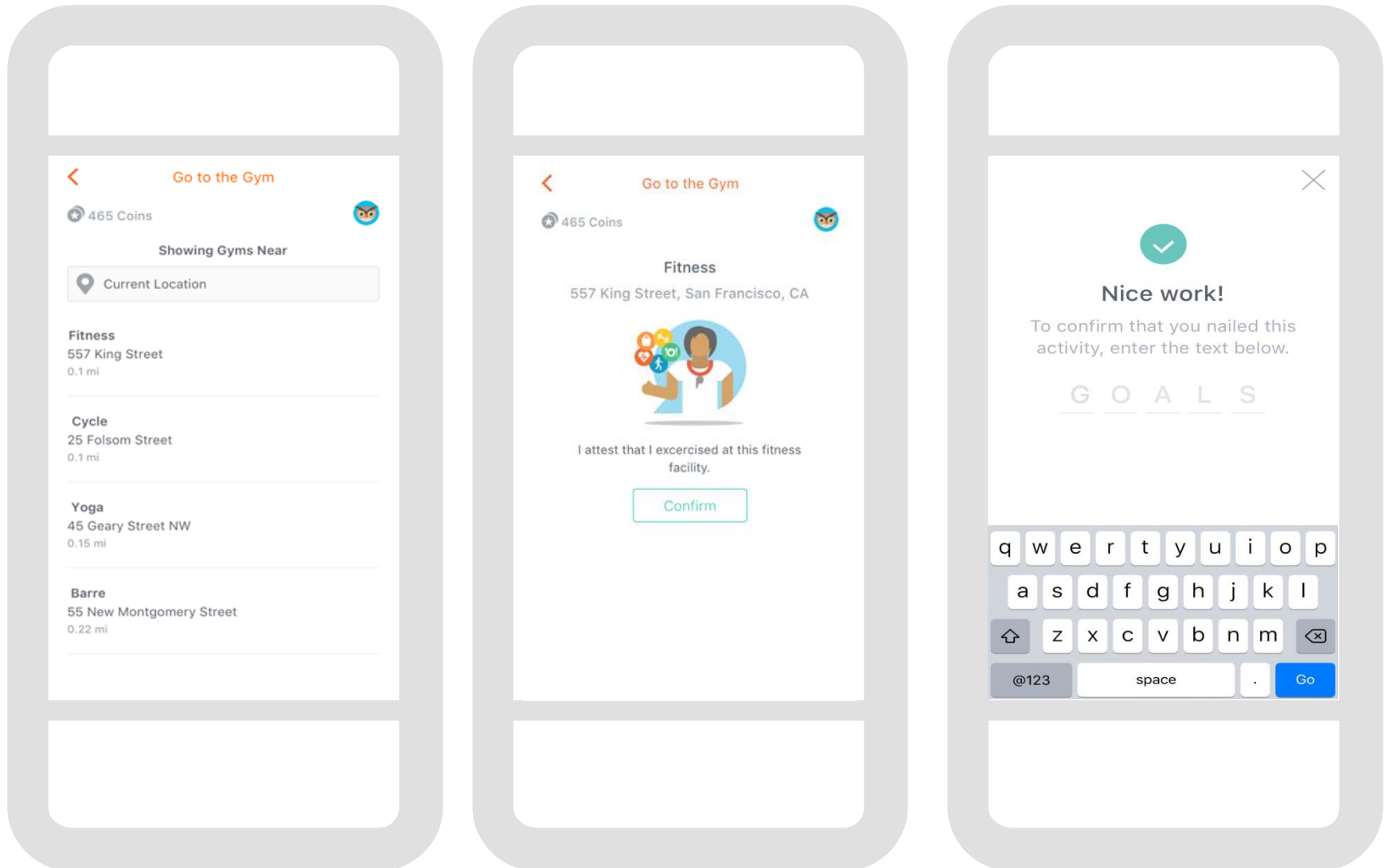


View a calendar of your check-ins. Track progress towards your goals.

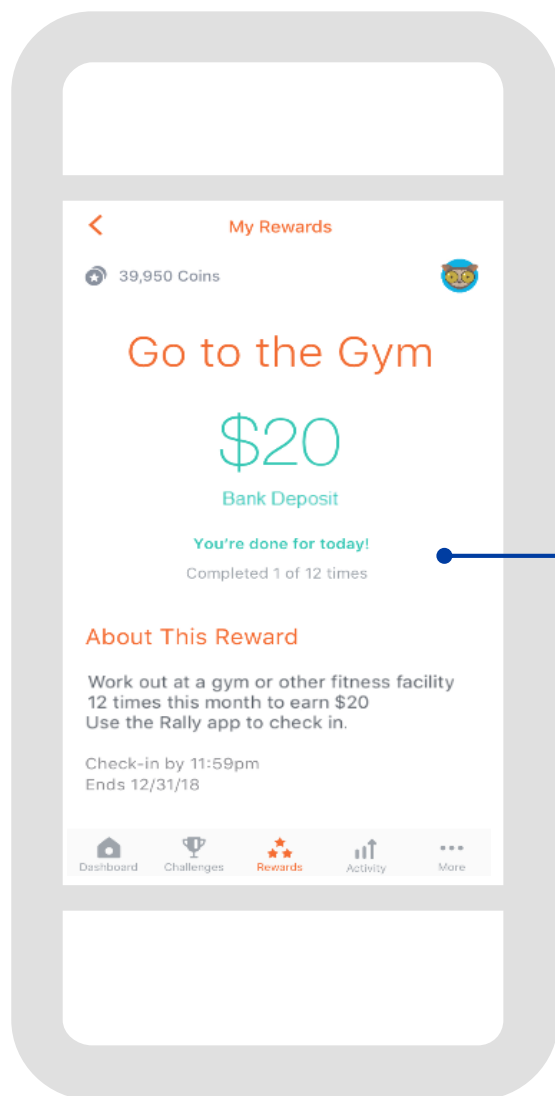
Download the Rally app and go to the Rewards tab



Locate your gym



View your results



View your completed check-ins. Complete a check-in 12 days during the month.