

The Government of the District of Columbia Effective Date: 01-01-2012

Open Choice® (PPO) - District of Columbia

PLAN DESIGN AND BENEFITS PROVIDED BY AETNA LIFE INSURANCE COMPANY - Insured

PLAN FEATURES	PREFERF	RED CARE	NON-PRE	FERRED CARE
Deductible (per calendar year)	\$750	Individual	\$1,500	Individual
	\$1,500	Family	\$3,000	Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Deductible.

Unless otherwise indicated, the Deductible must be met prior to benefits being payable.

Once Family Deductible is met, all family members will be considered as having met their Deductible for the remainder of the calendar vear.

Member Coinsurance	15%		25%		
Applies to all expenses unless otherwise s	stated.				
Payment Limit (per calendar year)	\$1,500	Individual	\$3,000	Individual	
	\$3,000	Family	\$6,000	Family	

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Payment Limit.

Certain member cost sharing elements may not apply toward the Payment Limit.

Only those out-of pocket expenses resulting from the application of coinsurance percentage (except any deductibles, copays, and penalty amounts) may be used to satisfy the Payment Limit.

Once Family Payment Limit is met, all family members will be considered as having met their Payment Limit for the remainder of the calendar year.

Lifetime Maximum

Unlimited except where otherwise indicated.

Payment for Non-Preferred	Not Applicable	Recognized Charge*	
Primary Care Physician Selection	Not applicable	Not applicable	

Certification Requirements -

Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and Private Duty Nursing is required - excluded amount applied separately to each type of expense is \$400 per occurrence

occurrence.		
Referral Requirement	None	None
PREVENTIVE CARE	PREFERRED CARE	NON-PREFERRED CARE
Routine Adult Physical Exams/	100%; deductible waived	100% deductible waived \$150 Max
Immunizations		
1 exam every 24 months age 21 - 65 and 1 ex	am every 12 months age 65 and over.	
Routine Well Child Exams/ Immunizations	100%; deductible waived	25% after deductible
Unlimited exams for children to age 12; 3 exam	ns per year for children age 12 up to ag	e 21
Routine Gynecological Care Exams	Covered 100%; deductible waived	100% deductible waived \$150 Max
One exam per calendar year. Includes routine		
tests and related lab fees		
Pap Smear and related lab fees	Covered 100%; deductible waived	100% deductible waived
Routine Mammograms	Covered 100%; deductible waived	100% deductible waived
One mammogram per calendar year for covere	ed females	
Routine Digital Rectal Exam / Prostate-	Covered 100%; deductible waived	100%; deductible waived
specific Antigen Test		
For covered males age 40 and over		
Colorectal Cancer Screening	Covered 100%; deductible waived	Member cost sharing is based on the
For all members age 50 and over.		type of service performed and the
		place of service where it is rendered;
		after deductible
Routine Eye Exams	\$30 office visit; deductible waived	Not Covered
1 routine exam per 12 months		
Routine Hearing Exams	\$30 office visit; deductible waived	Not Covered



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1 routine exam per 24 months

PHYSICIAN SERVICES	PREFERRED CARE	NON-PREFERRED CARE
Office Visits to Non-Specialist (non-surgical)	\$15 office visit copay; deductible waived	25% after deductible
Includes services of an internist, general physic		
Specialist Office Visits (non-surgical)	\$30 office visit copay; deductible	25% after deductible
CPCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCC	waived/ initial visit only	
E-visit to non-Specialist	\$15 copay; deductible waived	Not Covered
An e-visit is an online internet consultation between	ween a physician and an established pa	atient about a non-emergency healthcare
matter. This visit must be conducted through a	an Aetna authorized internet e-visit serv	vice vendor.
E-visit to Specialist	\$30 copay; deductible waived	Not Covered
An e-visit is an online internet consultation between	ween a physician and an established pa	atient about a non-emergency healthcare
matter. This visit must be conducted through a		
Walk-in Clinics	\$15 office visit copay; deductible waived	25% after deductible
Walk-in Clinics are network, free-standing hea	th care facilities. They are an alternati	ve to a physician's office visit for
treatment of unscheduled, non-emergency illne	esses and injuries and the administration	on of certain immunizations. It is not an
alternative for emergency room services or the	ongoing care provided by a physician.	Neither an emergency room, nor the
outpatient department of a hospital, shall be co	onsidered a Walk-in Clinic.	
Maternity/OB Visits	\$30 Copay; initial visit only	25% after deductible
Office Visits for Surgery	15% After Deductible	25% after deductible
Allergy Testing	\$30 office visit Copay	25% after deductible
Allergy Injections	\$30 office visit copay	25% after deductible
DIAGNOSTIC PROCEDURES	PREFERRED CARE	NON-PREFERRED CARE
Diagnostic Laboratory and X-ray	Covered 100% if part of an office vis	
If performed as a part of a physician office visit	and billed by the physician, expenses	are covered subject to the applicable
physician's office visit member cost sharing		NON PREFERRED CARE
EMERGENCY MEDICAL CARE	PREFERRED CARE	NON-PREFERRED CARE
Urgent Care Provider	\$25 copay; deductible waived	25% after deductible
(benefit availability may vary by location)	Not Covered	Not Covered
Non-Urgent Use of Urgent Care Provider	Not Covered	
Emergency Room	\$100 copay/waived if admitted	\$100 copay/ after deductible
Non-Emergency care in an Emergency	Not Covered	Not Covered
Room		Not Covered
Room Ambulance	100% covered; deductible waived	Not Covered 25% after deductible
Room Ambulance HOSPITAL CARE	100% covered; deductible waived PREFERRED CARE	Not Covered 25% after deductible NON-PREFERRED CARE
Room Ambulance HOSPITAL CARE Inpatient Coverage	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage The member cost sharing applies to all covere	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible d benefits incurred during a member's	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible inpatient stay
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage The member cost sharing applies to all covere Outpatient Hospital Expenses (including	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible inpatient stay 25% after deductible
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage The member cost sharing applies to all covere Outpatient Hospital Expenses (including surgery)	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible inpatient stay 25% after deductible
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage The member cost sharing applies to all covere Outpatient Hospital Expenses (including surgery) The member cost sharing applies to all Covere	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible ed Benefits incurred during a member's	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible inpatient stay 25% after deductible soutpatient visit
Room Ambulance HOSPITAL CARE Inpatient Coverage The member cost sharing applies to all covere Inpatient Maternity Coverage The member cost sharing applies to all covere Outpatient Hospital Expenses (including surgery) The member cost sharing applies to all Covere MENTAL HEALTH SERVICES	100% covered; deductible waived PREFERRED CARE Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible d benefits incurred during a member's Covered 100% after deductible ed Benefits incurred during a member's PREFERRED CARE Covered 100% after deductible	Not Covered 25% after deductible NON-PREFERRED CARE 25% after deductible inpatient stay 25% after deductible inpatient stay 25% after deductible inpatient visit NON-PREFERRED CARE 25% after deductible



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The member cost sharing applies to all covered benefits incurred during a member's outpatient visit

ALCOHOL/DRUG ABUSE SERVICES	PREFERRED CARE	NON-PREFERRED CARE
Inpatient	Covered 100% after deductible	25% after deductible
The member cost sharing applies to all covered	benefits incurred during a member's in	patient stay
Outpatient	\$15 copay deductible waived	25% after deductible
Includes treatment facility services		
The member cost sharing applies to all Covered	d Benefits incurred during a member's o	utpatient visit
OTHER SERVICES	PREFERRED CARE	NON-PREFERRED CARE
Convalescent Facility	Covered at 100% after deductible	25% after deductible
Limited to 60 days per calendar year.		
The member cost sharing applies to all covered	benefits incurring during a member's ir	patient stay
Home Health Care	Covered 100% after deductible	25% after deductible
Limited to 60 visits per calendar year.		
Each visit by a nurse or therapist is one visit. Ea	ach visit up to 4 hours by a home health	care aide is one visit.
Hospice Care - Inpatient	Covered 100% after deductible	25% after deductible
The member cost sharing applies to all covered	benefits incurred during a member's in	patient stay
Hospice Care - Outpatient	Covered 100% after deductible	25% after deductible
The member cost sharing applies to all covered	benefits incurred during a member's ou	utpatient visit
Private Duty Nursing - Outpatient (Limited to	Covered 100% after deductible	
70 eight hour shifts per calendar year)		25% after deductible
Outpatient Short-Term Rehabilitation	15% after deductible	25% after deductible
60 visit per calendar year maximum combined.	Includes speech, physical, and occupat	ional therapy.
Habilitative Services	Member cost sharing is based on the	
	type of service performed and the	type of service performed and the
	place of service where it is rendered;	place of service where it is rendered;
	after deductible	after deductible
Unlimited treatment for children under age 21 w	rith congenital or genetic birth defects to	enhance the child's ability to function
Spinal Manipulation Therapy	15% after deductible	25% after deductible
Durable Medical Equipment	20% after deductible	25% after deductible
Diabetic Supplies (if not covered under	Covered same as any other medical	Covered same as any other medical
Pharmacy benefit)	expense; after deductible	expense; after deductible
Contraceptive drugs and devices not	Excludes Oral Contraceptives.PCP or	•
obtainable at a pharmacy (includes coverage	Specialist copay applies for	expense) after deductible. Excludes
for contraceptive visits)	administering supplies/injections	oral contraceptives.
Vision Eyewear	100% up to \$100 every 24 months	Same as preferred care; after
•	, ,	deductible
Transplants	100% Preferred coverage is provided	25% Non-Preferred coverage is
	at an IOE contracted facility only; after	_
	deductible	deductible
Bariatric	Limited Circumstances	Not Covered
Please contact member services for additional i		
The member cost sharing applies to all covered		patient stay.
"Other" Health Care – 20% member coinsurar		
neither "preferred" nor "non-preferred"	,	,
FAMILY PLANNING	PREFERRED CARE	NON-PREFERRED CARE
Infertility Treatment	Member cost sharing is based on the	Member cost sharing is based on the
Diagnosis and treatment of the underlying	type of service performed and the	type of service performed and the
medical condition.	place of service where it is rendered;	place of service where it is rendered;
	after deductible	after deductible
Comprehensive Infertility Services	50% after deductible	No Covered



Pre-existing Conditions Exclusion

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Coverage includes Artificial Insemination (limited to six courses of treatment per member's lifetime) and Ovulation Induction (limited to six courses of treatment per member's lifetime). Lifetime maximum applies to all procedures covered by any Aetna plan except where prohibited by law.

plan except where prohibited by law.			
Advanced Reproductive Technology	50% after deductible	Not Covered	
ART coverage includes: In vitro fertilization (IVF	F), zygote intra-fallopian transfer (ZIFT),	gamete intrafallopian transfer (GIFT),	
cryopreserved embryo transfers, intracytoplasm	nic sperm injection (ICSI) or ovum micro	surgery.	
3 Cycles per Lifetime Maximum. Maximum app	lies to all procedures covered by any Ae	tna plan except where prohibited by	
law.			
Voluntary Sterilization	Member cost sharing is based on the	Member cost sharing is based on the	
Including tubal ligation and vasectomy	type of service performed and the	type of service performed and the	
	place of service where it is rendered;	place of service where it is rendered;	
	after deductible	after deductible	
PHARMACY	PREFERRED CARE	NON-PREFERRED CARE	
Retail	\$10 copay for generic drugs, \$20	Not Covered	
	copay for formulary brand-name		
	drugs, and \$40 copay for non-		
	formulary brand-name drugs up to a		
	30 day supply at participating		
Mail Order	\$20 copay for generic drugs, \$40	Not applicable	
	copay for formulary brand-name		
	drugs, and \$80 copay for non-		
	formulary brand-name drugs up to a		
	31-90 day supply from Aetna Rx		
	Home Delivery®.		
Pharmacy Managed Self Injectables (PMSI)			
First prescription fill at any retail or mail order drug facility. Subsequent fills must be through Aetna Specialty Pharmacy®			
No Mandatory Generic (NO MG) - Member is responsible to pay the applicable copay only.			
Plan Includes: Contraceptive drugs and devices obtainable from a pharmacy, Oral fertility drugs, Diabetic supplies.			
Precert for growth hormones included, Step-Th	erapy included		
GENERAL PROVISIONS			
Dependents Eligibility	Spouse, children from birth to age 26		

On effective date: Waived After effective date: Waived



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*Members may choose providers in our network (physicians and facilities) or may visit an out-of-network provider. Typically,

members will pay substantially more money out of their own pocket if they choose to use an out-of-network doctor. The

out-of-network provider will be paid based on Aetna's "recognized charge." This is not the same as the billed charge from the doctor.

Aetna pays a percentage of the recognized charge, as defined in the member's plan. The member may have to pay the difference between the out-of-network provider's billed charge and Aetna's recognized charge, plus any coinsurance and deductibles due under the plan. Note that any amount the doctor bills the member above Aetna's recognized charge does not count toward the member's deductible or out-of-pocket maximums.

For out-of-network physicians and other out-of-network providers, the recognized charge is based on the Aetna Market Fee Schedule, which are the standard rates for paying providers within the network. For out-of-network hospitals and other out-of-network facilities, Aetna pays a percentage as defined in the member's plan of the reasonable and customary charge as

determined by Aetna. The member may have to pay the difference between the out-of-network facility's bill and the amount that Aetna pays, plus any coinsurance and deductibles due under the plan.

This benefit applies when members choose to get care out of network. When members have no choice in the doctors they see (for example, an emergency room visit after a car accident), they are generally not responsible for the extra out-of-network costs

Plans are provided by: Aetna Life Insurance Company, 151 Farmington Avenue, Hartford, CT 06156. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval.
- Durable medical Equipment
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectible drugs including injectible infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.



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- Non-medically necessary services or supplies.
- · Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. . Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a licensed pharmacy subsidiary of Aetna Inc., that operates through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacy's cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of the material into another language may be available. Please call Member Services at 1-888-98-AETNA (1-888-982-3862).

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-98-AETNA** (1-888-982-3862).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

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