

The Government of the District of Columbia Effective Date: 01-01-2013

Open Choice® (PPO) - District of Columbia

PLAN DESIGN AND BENEFITS

PROVIDED BY AETNA LIFE INSURANCE COMPANY - Insured

PLAN FEATURES	PREFER	RED CARE	NON-PRE	FERRED CARE
Deductible (per calendar year)	\$750	Individual	\$1,500	Individual
	\$1,500	Family	\$3,000	Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Deductible.

Unless otherwise indicated, the Deductible must be met prior to benefits being payable.

Once Family Deductible is met, all family members will be considered as having met their Deductible for the remainder of the calendar year.

Member Coinsurance	15%		25%	
Applies to all expenses unless otherwise s	tated.			
Payment Limit (per calendar year)	\$1,500	Individual	\$3,000	Individual
	\$3,000	Family	\$6.000	Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Payment Limit.

None

Certain member cost sharing elements may not apply toward the Payment Limit.

Only those out-of pocket expenses resulting from the application of coinsurance percentage and deductibles (except any copays, and penalty amounts) may be used to satisfy the Payment Limit.

Once Family Payment Limit is met, all family members will be considered as having met their Payment Limit for the remainder of the calendar year.

Lifetime Maximum

Unlimited except where otherwise indicated.

Payment for Non-Preferred	Not Applicable	Recognized Charge*	
Primary Care Physician Selection	Not applicable	Not applicable	

Certification Requirements -

Referral Requirement

Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and Private Duty Nursing is required - excluded amount applied separately to each type of expense is \$400 per occurrence.

None

deductible waived

Referral Requirement	140110	140110		
PREVENTIVE CARE	PREFERRED CARE	NON-PREFERRED CARE		
Routine Adult Physical Exams/	100%; deductible waived	100% deductible waived \$150 Max		
Immunizations				
1 exam every 24 months age 21 - 65 and 1 exam every 12 months age 65 and over.				
Routine Well Child Exams/ Immunizations	100%; deductible waived	25% after deductible		
Unlimited exams for children to age 12; 3 exams per year for children age 12 up to age 21				
Routine Gynecological Care Exams	Covered 100%; deductible waived	100% deductible waived \$150 Max		
One exam per calendar year. Includes routine				

One exam per calendar year. Includes routine		
tests and related lab fees		
Pap Smear and related lab fees	Covered 100%; deductible waived	100% deductible waived
Routine Mammograms	Covered 100%; deductible waived	100% deductible waived
One mammogram per calendar year for covere	ed females	
Women's Health	Covered 100%; deductible waived	Member cost sharing is based on the type of service performed and the

Includes: Screening for gestational diabetes, HPV (Human Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for Human Immunodeficiency Virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies, and counseling.

Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.



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100%; deductible waived

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Covered 100%; deductible waived

Routine Digital Rectal Exam / Prostate-

specific Antigen Test

For covered males age 40 and over

Coloradal Canaar Caraaning	Covered 100%, deductible weiged	Mambar aget sharing is based on the
Colorectal Cancer Screening	Covered 100%; deductible waived	Member cost sharing is based on the type of service performed and the
For all members age 50 and over.		place of service where it is rendered;
		after deductible
Routine Eye Exams	\$30 office visit;deductible waived	Not Covered
1 routine exam per 12 months		
Routine Hearing Exams	\$30 office visit; deductible waived	Not Covered
1 routine exam per 24 months		NON PREFERRED CARE
PHYSICIAN SERVICES	PREFERRED CARE	NON-PREFERRED CARE
Office Visits to Non-Specialist (non-surgical	waived	25% after deductible
Includes services of an internist, general phys		
Specialist Office Visits (non-surgical)	\$30 office visit copay; deductible waived	25% after deductible
E-visit to non-Specialist	\$15 copay; deductible waived	Not Covered
An e-visit is an online internet consultation bet		
matter. This visit must be conducted through		
E-visit to Specialist	\$30 copay; deductible waived	Not Covered
An e-visit is an online internet consultation bet		• •
matter. This visit must be conducted through	an Aetna authorized internet e-visit servi	ce vendor.
	\$15 office visit copay; deductible	25% after deductible
Walk-in Clinics	\$15 office visit copay; deductible waived	
Walk-in Clinics Walk-in Clinics are network, free-standing hea	\$15 office visit copay; deductible waived alth care facilities. They are an alternative	e to a physician's office visit for
Walk-in Clinics Walk-in Clinics are network, free-standing heatreatment of unscheduled, non-emergency illn	\$15 office visit copay; deductible waived alth care facilities. They are an alternative esses and injuries and the administration	e to a physician's office visit for not an
Walk-in Clinics Walk-in Clinics are network, free-standing heatreatment of unscheduled, non-emergency illnaternative for emergency room services or the	\$15 office visit copay; deductible waived alth care facilities. They are an alternative esses and injuries and the administration ongoing care provided by a physician.	e to a physician's office visit for not an
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Walk-in Clinics Walk-in Clinics are network, free-standing heat treatment of unscheduled, non-emergency illustrative for emergency room services or the outpatient department of a hospital, shall be compartment of a hospital of the compartment of the compartmen	\$15 office visit copay; deductible waived alth care facilities. They are an alternative esses and injuries and the administration ongoing care provided by a physician. onsidered a Walk-in Clinic. \$30 Copay; initial visit only	e to a physician's office visit for of certain immunizations. It is not an Neither an emergency room, nor the
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HOSPITAL CARE	PREFERRED CARE	NON-PREFERRED CARE		
Inpatient Coverage	Covered 100% after deductible	25% after deductible		
The member cost sharing applies to all covered				
Inpatient Maternity Coverage	Covered 100% after deductible	25% after deductible		
The member cost sharing applies to all covered	•			
Outpatient Hospital Expenses (including	Covered 100% after deductible	25% after deductible		
surgery)				
The member cost sharing applies to all Covered				
MENTAL HEALTH SERVICES	PREFERRED CARE	NON-PREFERRED CARE		
Inpatient	Covered 100% after deductible	25% after deductible		
The member cost sharing applies to all covered				
Outpatient	\$15 copay deductible waived	25% after deductible		
				
The member cost sharing applies to all covered				
ALCOHOL/DRUG ABUSE SERVICES	PREFERRED CARE	NON-PREFERRED CARE		
Inpatient	Covered 100% after deductible	25% after deductible		
The member cost charing applies to all covered	honofits incurred during a member's in	nationt stay		
The member cost sharing applies to all covered Outpatient	\$15 copay deductible waived	25% after deductible		
Includes treatment facility services	\$15 copay deductible waived	25% after deductible		
The member cost sharing applies to all Covered	d Panafita inquered during a mambar's a	utpationt visit		
OTHER SERVICES	PREFERRED CARE	NON-PREFERRED CARE		
Convalescent Facility	Covered at 100% after deductible	25% after deductible		
_	Covered at 100% after deductible	25% after deductible		
Limited to 60 days per calendar year.	honofita inquering during a mambar'a in	anationt stay		
The member cost sharing applies to all covered Home Health Care	Covered 100% after deductible	25% after deductible		
Limited to 60 visits per calendar year.	Covered 100% after deductible	25 % after deductible		
Each visit by a nurse or therapist is one visit. Ea	ach visit up to 4 hours by a home health	care aide is one visit		
Hospice Care - Inpatient	Covered 100% after deductible	25% after deductible		
The member cost sharing applies to all covered				
Hospice Care - Outpatient	Covered 100% after deductible	25% after deductible		
The member cost sharing applies to all covered				
Private Duty Nursing - Outpatient (Limited to		dipatient visit		
70 eight hour shifts per calendar year)	Covered 100% after deductible	25% after deductible		
Outpatient Short-Term Rehabilitation	15% after deductible	25% after deductible		
60 visit per calendar year maximum combined.				
Habilitative Services	Member cost sharing is based on the			
Habilitative Oct vices	type of service performed and the	type of service performed and the		
	place of service where it is rendered;	place of service where it is rendered;		
	after deductible	after deductible		
Unlimited treatment for children under age 21 w				
Spinal Manipulation Therapy	15% after deductible	25% after deductible		
Durable Medical Equipment	20% after deductible	25% after deductible		
Diabetic Supplies (if not covered under	Covered same as any other medical	Covered same as any other medical		
Pharmacy benefit)	expense; after deductible	expense; after deductible		
Contraceptive drugs and devices not	Excludes Oral Contraceptives.PCP or	•		
•	Specialist copay applies for	expense) after deductible. Excludes		
obtainable at a pharmacy (includes coverage	administering supplies/injections	oral contraceptives.		
for contraceptive visits)	100% up to \$100 every 24 months	Same as preferred care; after		
Vision Eyewear	100 /0 up to \$100 every 24 months			
		deductible		



Pre-existing Conditions Exclusion

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Transplants	100% Preferred coverage is provided	
Transpiants	at an IOE contracted facility only; after	
	deductible	deductible
Bariatric	Limited Circumstances	Not Covered
Please contact member services for additional i		Not Covered
		patient stay
The member cost sharing applies to all covered "Other" Health Care – 20% member coinsurar		
neither "preferred" nor "non-preferred"	ice after the preferred (per calendar yea	i) deductible for services that are
FAMILY PLANNING	PREFERRED CARE	NON-PREFERRED CARE
Infertility Treatment	Member cost sharing is based on the	Member cost sharing is based on the
Diagnosis and treatment of the underlying	type of service performed and the	type of service performed and the
medical condition.	place of service where it is rendered;	place of service where it is rendered;
modical condition.	after deductible	after deductible
Comprehensive Infertility Services	50% after deductible	No Covered
Coverage includes Artificial Insemination (limite		
(limited to six courses of treatment per member	•	,
plan except where prohibited by law.	3 metime). Lifetime maximum applies to	all procedures covered by any Aetha
Advanced Reproductive Technology	50% after deductible	Not Covered
ART coverage includes: In vitro fertilization (IVF		
cryopreserved embryo transfers, intracytoplasm		
3 Cycles per Lifetime Maximum. Maximum appl		
	les to all procedures covered by any Ae	ina pian except where profibited by
Voluntary Sterilization	Member cost sharing is based on the	Member cost sharing is based on the
	type of service performed and the	type of service performed and the
Including tubal ligation and vasectomy	• • • • • • • • • • • • • • • • • • • •	• •
	place of service where it is rendered; after deductible	place of service where it is rendered; after deductible
PHARMACY	PREFERRED CARE	NON-PREFERRED CARE
Retail		Not Covered
Retail	\$10 copay for generic drugs, \$20	Not Covered
	copay for formulary brand-name	
	drugs, and \$40 copay for non-	
	formulary brand-name drugs up to a	
M-1 On Inc.	30 day supply at participating	Nist and Cable
Mail Order	\$20 copay for generic drugs, \$40	Not applicable
	copay for formulary brand-name	
	drugs, and \$80 copay for non-	
	formulary brand-name drugs up to a	
	31-90 day supply from Aetna Rx	
	Home Delivery®.	
Pharmacy Managed Self Injectables (PMSI)		
First prescription fill at any retail or mail order dr	ug facility. Subsequent fills must be thre	ough Aetna Specialty Pharmacy®
No Mandatory Generic (NO MG) - Member is	responsible to pay the applicable copay	only.
Plan Includes: Contraceptive drugs and device		
Precert for growth hormones included, Step-The		
GENERAL PROVISIONS		
Dependents Eligibility	Spouse, children from birth to age 26	

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On effective date: Waived

After effective date: Waived



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*Members may choose providers in our network (physicians and facilities) or may visit an out-of-network provider. Typically,

members will pay substantially more money out of their own pocket if they choose to use an out-of-network doctor. The

out-of-network provider will be paid based on Aetna's "recognized charge." This is not the same as the billed charge from the doctor.

Aetna pays a percentage of the recognized charge, as defined in the member's plan. The member may have to pay the difference between the out-of-network provider's billed charge and Aetna's recognized charge, plus any coinsurance and deductibles due under the plan. Note that any amount the doctor bills the member above Aetna's recognized charge does not count toward the member's deductible or out-of-pocket maximums.

For out-of-network physicians and other out-of-network providers, the recognized charge is based on the Aetna Market Fee Schedule, which are the standard rates for paying providers within the network. For out-of-network hospitals and other out-of-network facilities, Aetna pays a percentage as defined in the member's plan of the reasonable and customary charge as determined by Aetna. The member may have to pay the difference between the out-of-network facility's bill and the amount that Aetna pays, plus any coinsurance and deductibles due under the plan.

This benefit applies when members choose to get care out of network. When members have no choice in the doctors they see (for example, an emergency room visit after a car accident), they are generally not responsible for the extra out-of-network costs.

Plans are provided by: Aetna Life Insurance Company, 151 Farmington Avenue, Hartford, CT 06156. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services.



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The following is a list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- · Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval.
- Durable medical Equipment
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- · Hearing aids
- Home births
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectible drugs including injectible infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- · Non-medically necessary services or supplies.
- · Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- · Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a licensed pharmacy subsidiary of Aetna Inc., that operates through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacy's cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of the material into another language may be available. Please call Member Services at 1-888-98-AETNA (1-888-982-3862).

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-98-AETNA** (1-888-982-3862).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

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