



Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring!

There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating.



DC Department of Human Resources
Workforce Development Administration
presents

HEALTH & WELLNESS SERIES **ZUMBA CLASSES**

Mondays

5:30pm – 6:30pm

April 15th, 22nd, & 29th

The DC Department of Housing and Community Development
1800 Martin Luther King, Jr. Ave., SE
Washington, DC 20020
Housing Resource Center on the first floor

Open to all DC Government employees
Space is limited

No registration required--first 50 employees will be admitted--must sign in and complete Release Form

**For information: Contact the
DCHR Workforce Development
Administration at
202.442-9624**